

Did You Know?
Physiotherapy is
great for
neck and back
pain, arthritis,
balance problems
and keeping
you on the move!



**Want to
Move Better?**
Physiotherapy
is your answer..



ph: 1300 797 793
25a Dorcas St, South Melbourne 3205
thephysioco.com.au



Why we're the experts

Physiotherapists are experts in relieving pain, improving strength and maximising quality of life. We are passionate about making a difference to your life.

Conditions treated include:

- Arthritis
- Back pain
- Balance problems
- Neck and Shoulder pain
- Difficulty getting around
- Foot and leg problems
- And many more!

Who are we?

Since 2004, The Physio Co team has been visiting seniors in residential aged care facilities.

Treatment, advice and exercise programs for over 65's is our specialty, in fact, it's all we do!

Funded sessions

Medicare

Medicare card holders may be eligible for up to 5 bulk billed Physiotherapy sessions per year:

- No cost to you or the facility
- GP referral required

DVA

Residents with a Department of Veterans Affairs (DVA) Gold or White card may be eligible for unlimited individual and group physiotherapy sessions.

- No cost to you or the facility
- GP referral required

Private One on One

Private one-on-one physiotherapy has a big impact on your quality of life. Our caring physio's will create a personal, tailored plan to achieve your goals, no matter how big or small. With ongoing treatment, advice and consultation, we can make you stronger, decrease your pain and improve your mobility.

Physiotherapy is available for all seniors and may be covered by your private health insurance.

Payment options for private sessions are credit card, EFT or cheque only. (The Physio Co cannot take cash.)

Call us today!

Bookings, further enquiries and help arranging referrals is available from our friendly team! **1300 797 793**

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an appointment.



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